

**A**lcohol use during pregnancy is a leading, preventable cause of birth defects and developmental disabilities. Despite increased awareness/education, women of childbearing age—including pregnant women—drink and binge drink (4 or more drinks per occasion) at alarming rates.

Fetal alcohol spectrum disorders (FASD) is the umbrella term used to describe the range of lifelong effects that can occur due to prenatal alcohol exposure including physical, cognitive, behavioral, and/or social deficits. Not intended as a clinical diagnosis, the term represents medical conditions associated with prenatal alcohol exposure including fetal alcohol syndrome (FAS) and alcohol-related neurodevelopmental disorder (ARND).

Many health and human services providers, educators, and others work with clients affected by prenatal alcohol exposure—those with and without a diagnosis—but may lack training to effectively identify, refer, and/or provide effective services for individuals and families affected by FASD. In addition, few agencies or communities offer local FASD training to address these important issues.

*There is no safe time, kind, or known amount of alcohol use during pregnancy.*

University of Wisconsin School of Medicine and Public Health  
Department of Family Medicine  
777 South Mills Street  
Madison, WI 53715



## FASD Training of Trainers Program

March 1—5, 2010

Spring 2010

## Fetal Alcohol Spectrum Disorders (FASD) Training

Monday—Friday, March 1—5, 2010

St Mary's Hospital  
Madison, Wisconsin



### The FASD Training of Trainers (TOT) Certificate Program

*Attend three-days of training to learn more about FASD, or the entire five day program to become a certified FASD trainer.*



#### Sponsored by:

University of Wisconsin-Madison,  
Department of Professional  
Development and Applied Studies

Great Lakes FASD Regional Training Center  
Wisconsin FASD Treatment Outreach Project

University of Wisconsin School of Medicine and  
Public Health, Departments of Family Medicine  
and Pediatrics

[www.FASDEducation.org](http://www.FASDEducation.org)

# The FASD Training of Trainers (TOT) Certificate Program

March 1—5, 2009 Madison, WI

The TOT Certificate Program provides up-to-date, science-based information on fetal alcohol spectrum disorders (FASD); promotes skills and strategies to provide effective FASD education to a range of health and human services providers, families, consumers, administrators, and others; and shares awareness/education materials. The TOT certificate program supplements other professional training, and does not certify a participant to provide substance abuse counseling and/or services to individuals affected by FASD. It is designed to prepare and provide pertinent information and skills to help prepare and provide FASD-related training and educational programs for a range of audiences.

**Upon successful completion of the following training requirements, participants will receive an “FASD Training of Trainers Certificate” from UW-Madison:** Full participation at the five-day training; completion of pre- and post-tests; submission of one written assignment; provision of one oral report; provision and evaluation of at least two FASD-related trainings within one-year of completing the TOT training.

## TOT Learning Objectives

- Acquisition of Current, Research-Based FASD Information
- Knowledge of FASD Materials/Resources
- Skills to Plan, Provide, and Evaluate FASD Educational Programs

## General Information

### Training Dates/Location

Monday—Friday, March 1—5, 2010  
St Mary's Hospital, Madison, Wisconsin

### Training Times

**Registration & Pre-Test:** 8:30 am, Monday March 1st  
**Training:** 9 am—4 pm, Monday—Friday, March 1—5

### Training Fees

**Monday—Friday TOT Certificate Program :** \$349 (includes five days of instruction, materials, break/lunch each day, 3.0 [30 hours] continuing education units, “FASD Training of Trainers Certificate”, and a non-refundable \$20 administrative fee).

**Monday—Wednesday Training:** \$249 (includes three days of instruction, materials, break/lunch each day, 1.8 [18 hours] continuing education units, and a non-refundable \$20 administrative fee).

**Credit:** The UW-Madison, Department of Professional Development and Applied Studies (PDAS) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) and is recognized by the National Board for Certified Counselors (NBCC) to offer continuing education. The training also qualifies as a continuing education course providing relevant subject matter taught by qualified presenters for Wisconsin substance abuse counselors; and may qualify for other specific training requirements.

## More Information

**Kristi Obmascher**  
Great Lakes FASD Regional  
Training Center

777 S Mills Street, Madison, WI 53715

**Phone:** 608-261-1418 **Toll-Free:** 1-800-752-3157

**Email:** [fasd.trainingcenter@fammed.wisc.edu](mailto:fasd.trainingcenter@fammed.wisc.edu)



## Registration Form

Training of Trainers for FASD #XXXX

Mon—Fri, March 1—5, 2010 \$349

Mon—Wed, March 1—3, 2010 \$249

Name

Organization

Address

street

City/State/Zip

Phone

Email

Information used to contact you about your registration and for future marketing.

Enclosed is my check/money order payable to UW-Madison.

Please charge to the following account:

MasterCard  VISA  American Express

Card No.

Expires

Cardholder's Name

**Clip & Mail To:** UW-Extension Registrations  
Pyle Center, Dept 102  
702 Langdon Street  
Madison, WI 53706

**Call:** 608-262-7942 **or toll-free:** 800-725-9692  
(TDD 608-265-2370)

**Fax:** 608-265-3163 **or toll-free:** 800-741-7416

**Online:** [www.dcs.wisc.edu/pda/aoda](http://www.dcs.wisc.edu/pda/aoda)

Phone, fax or online registrations must include payment by credit card or purchase order.