



# Fetal Alcohol Spectrum Disorders (FASD) Trainer Certificate Program **Monday–Friday, March 7-11, 2011**

Spring 2011

## FASD Training of Trainers Program

**Monday–Friday, March 7-11, 2011**

Epic Headquarters  
1979 Milky Way  
Verona, WI 53593



### The Fetal Alcohol Spectrum Disorders (FASD) Trainer Certificate Program

**Sponsored by:**

University of Wisconsin–Madison Continuing Studies  
Dept. of Professional Development & Applied Studies

**Cosponsored by:**

University of Wisconsin School of Medicine and Public Health, Dept. of Family Medicine, Great Lakes FASD Regional Training Center (GLFRTC), and Wisconsin FASD Treatment Outreach Project (WTOP)

[www.FASDEducation.org](http://www.FASDEducation.org)  
[www.dcs.wisc.edu/pda/aoda](http://www.dcs.wisc.edu/pda/aoda)

### About the Program

The certificate program provides up-to-date, science-based information on FASD, as well as the skills, strategies and materials to provide FASD training for medical and allied health professionals, human services providers, families, communities, administrators/policy makers, and others. The certificate program supplements other professional training, and does not certify a participant to provide substance abuse counseling and/or services to individuals affected by FASD. It is designed to provide pertinent information and skills to help prepare and provide FASD-related training and educational programs for a range of audiences.

Upon successfully completing the following requirements, you will receive the FASD Trainer Certificate from UW-Madison:

- fully participating in the five-day in-person training;
- completing pre- and post-training evaluations;
- completing one written assignment;
- providing one individual presentation;
- passing “TOT Trainer” quiz, minimum 75% proficiency;
- successfully completing at least two FASD-related trainings, including evaluating and sharing results.

Note: Positive participant feedback must be received from the two required trainings.

Limited enrollment: Priority is given to individuals who serve medical and allied health providers and/or students.

### FASD Trainer Certificate Program–Learning Objectives:

- understand current, research-based information on FASD;
- gain knowledge of FASD materials and resources;
- enhance skills in planning, providing, and evaluating FASD educational programs.

### Background

Alcohol use during pregnancy is a leading, preventable cause of birth defects and developmental disabilities. Despite increased awareness and education, women of child bearing age—including pregnant women—drink and binge drink (four or more drinks per occasion) at alarming rates. Fetal alcohol spectrum disorders (FASD) is the umbrella term used to describe the range of lifelong effects that can occur due to prenatal alcohol exposure including physical, cognitive, behavioral, and/or social deficits. Not intended as a clinical diagnosis, the term represents the medical conditions associated with prenatal alcohol exposure including fetal alcohol syndrome (FAS), partial FAS, alcohol-related neurodevelopmental disorder (ARND), and alcohol-related birth defects (ARBD).

Many health and human services providers, educators, and others work with clients affected by prenatal alcohol exposure—those with and without a diagnosis—but may lack training to effectively identify, refer, and/or provide effective services for individuals and families affected by FASD. In addition, few agencies or communities offer local FASD training to address these important issues.

Attend the three-day training to learn more about FASD, or the entire five-day program to become a certified FASD Trainer.

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**March 7-11, 2011**

**CONTINUING STUDIES**  
University of Wisconsin–Madison  
21 N. Park Street, 7th Floor  
Madison, WI 53715



## Training Agenda

### Monday

Registration and Pre-evaluation  
Welcome and Introductions  
Foundations of FASD  
Women and Alcohol  
FASD Resources

### Tuesday

Biological Effects of Alcohol on the Fetus  
Screening, Diagnosis and Assessment of FASDs  
Framework for Appropriate Referrals  
Addressing the Needs of Families Affected by FASDs

### Wednesday

Developmental Implications of FASDs  
Treatment Approaches Across the Lifespan  
Preventing FASD: Community and Individual Approaches

### Thursday

Strategies for Providing FASD Education  
Strategies for Reaching Medical and Allied Health Providers  
Resources for Teaching and Evaluation

### Friday

TOT Training Requirements  
Trainer Presentations  
Wrap-Up and Evaluation

## General Information

### Times

**Dates:** Monday-Friday, March 7-11, 2011

**Registration and pre-evaluation:** 8:30 am, Mon, March 7

**Training:** 9 am–4 pm Mon–Thurs; 9 am–3 pm Fri

### Fees

**Mon-Fri “Training of Trainers” Certificate Program:** \$489 (includes five days of instruction, training materials, lunch/breaks each day, continuing education units, and a nonrefundable administrative fee of \$20). Upon full completion of the training and program requirements participants receive an FASD Trainer Certificate from UW-Madison.

**Mon-Wed FASD Workshop:** \$389 (includes three days of instruction, training materials, lunch/breaks each day, continuing education units, and a nonrefundable administrative fee of \$20). Participants do not receive the FASD Trainer Certificate.

### Credit

Participants receive 3.0 CEU (30 hours) from UW-Madison for completion of the five-day training, and 1.8 CEU (18 hours) for completion of the three-day training.

**Social Workers:** University of Wisconsin–Madison, Professional Development & Applied Studies (PDAS), (Provider #1042), is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (1-800-225-6880) through the Approved Continuing Education (ACE) program. PDAS maintains responsibility for the program. Social workers will receive 30 continuing education clock hours for completing the program (18 hours for the three-day program). WI, IA and MI Boards of Social Work recognize ACE programs. MN Board of Social Work CE Approval Number: 06-138. IL Registered Social Worker Continuing Education Sponsor #159.000243.

**Counselors:** PDAS is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. PDAS adheres to NBCC continuing education guidelines. (Provider #5990)

**Wisconsin Substance Abuse Counselors:** the training qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters.

**Other professions:** completion of each day of the program qualifies for 6 continuing education hours. Contact your own board or organization for specific requirements.

### Location

The training will be held at EPIC headquarters, 1979 Milky Way, in Verona, WI. Free on-site parking is available for training participants.

### Lodging

A block of rooms is being held at the Holiday Inn Express in Verona, WI through February 7, 2011 at a rate of \$70/night for a king standard room. Free airport and Epic shuttle service is available. For reservations call 608-497-4500 and ask for the “DFM” (UW Department of Family Medicine) rate. Check out their website ([www.hiexpress.com/VeronaWi](http://www.hiexpress.com/VeronaWi)) for more information about the facility.

## About the Instructors

**David Wargowski, MD**, is a medical geneticist and pediatrician at the University of Wisconsin School of Medicine and Public Health. He sees patients suspected of having an FASD, as well as those with a wide range of genetic and developmental disorders. Dr. Wargowski is the medical director for the Great Lakes FASD Regional Training Center and the Wisconsin FASD Treatment Outreach Project; and education director for the UW Department of Pediatrics, Division of Genetics and Metabolism.

**Jacob Prunuske, MD, MSPH** earned his undergraduate and medical degrees at the University of Wisconsin. He completed his residence training in family medicine, a faculty development fellowship, and master of science in public health at the University of Utah. Dr. Prunuske’s clinical practice is at the UW Health–Monona clinic. He directs the Fourth-Year Medical Student Preceptorship and is a member of the DFM Office of Medical Student Education. Dr. Prunuske is dedicated to excellence in clinical medicine and the art and science of medical education.

**Georgiana Wilton, PhD**, is an associate scientist in the Dept. of Family Medicine at the UW School of Medicine and Public Health. She earned her PhD in rehabilitation psychology and has worked in the field of developmental disabilities for more than 25 years. Dr. Wilton is the principal investigator of several projects addressing the prevention, identification, and treatment of FASD at UW-Madison, and works directly with women-specific AODA treatment providers in Wisconsin to identify women at risk of FASD and develop treatment modifications to accommodate their unique deficits.

**Kristi Obmascher, BS**, is a senior outreach specialist in the Dept. of Professional Development and Applied Studies at UW-Madison, and in the Dept. of Family Medicine at the UW School of Medicine and Public Health. She has been providing FASD prevention, education, outreach, and support to families for over 20 years, and is currently the prevention and education coordinator for the Great Lakes FASD Regional Training Center at UW-Madison.

## Registration Form

**Training of Trainers for FASD** #8710

- Monday–Friday, March 7-11, 2011 \$489  
 Monday–Wednesday, March 7-9, 2011 \$389

Enter 3-digit code from mail panel: UW# W-55

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_  
street  
\_\_\_\_\_

Phone ( \_\_\_\_\_ ) \_\_\_\_\_  
area code daytime number / evening number

E-mail \_\_\_\_\_  
Information used to contact you about your registration and for future marketing

Enclosed is my check/money order, *payable to UW-Madison*.


Please charge to the following account:


MasterCard  VISA  American Express


Card No. \_\_\_\_\_ Expires \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

 **Mail:** UW-Extension Registrations, Pyle Center  
Dept. 102, 702 Langdon Street  
Madison, WI 53706-1487

 **Call:** 800-725-9692 or 608-262-7942  
(Wisconsin Relay 711)

 **Fax:** 608-265-3163 or toll-free 800-741-7416

 **Online:** [www.dcs.wisc.edu/pda/aoda](http://www.dcs.wisc.edu/pda/aoda)  
Phone, fax or online registrations must include payments by credit card or purchase order.

If you have a disability and desire accommodations please advise us ahead of time. These programs are offered by UW-Madison in cooperation with UW-Extension.