

Housed at the University of Wisconsin-Madison, the Great Lakes FASD Regional Training Center (GLFRTC) provides training for medical and allied health professionals, students, and others on the prevention, identification and treatment of fetal alcohol spectrum disorders (FASD).

The project serves the states of Indiana, Michigan, Minnesota, North Carolina, Ohio, and Wisconsin.

*Limited travel budget?  
No problem  
We can bring FASD  
training to your site!*



**Address:** 1100 Delaplaine Court  
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**Toll-Free:** 1-800-752-3157  
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Great Lakes FASD Regional Training Center (GLFRTC)

Department of Family Medicine  
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1100 Delaplaine Court  
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# Great Lakes FASD Regional Training Center (GLFRTC)

**Toll-Free:** 1-800-752-3157  
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Providing training for medical and allied health professionals and students throughout the Great Lakes region on the prevention, identification, and treatment of fetal alcohol spectrum disorders (FASD).

There is no safe time, kind, or known amount of alcohol use during pregnancy.

Funded at the University of Wisconsin School of Medicine and Public Health by the U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Cooperative Agreement #1U84DD000445.

# Addressing Fetal Alcohol Spectrum Disorders (FASD)



Great Lakes FASD Regional Training Center

**A**lcohol use during pregnancy is a leading preventable cause of birth defects and developmental disabilities. Despite increased awareness and education, pregnant women drink and binge drink (4 or more drinks per occasion) at alarming rates.

Fetal alcohol spectrum disorders (FASD) is an umbrella term used to describe the range of effects that can occur due to prenatal alcohol exposure including lifelong physical, mental, behavioral, and/or social deficits. Not intended as a clinical diagnosis, the term represents the medical conditions associated with prenatal alcohol exposure including fetal alcohol syndrome (FAS), partial FAS (pFAS), alcohol-related neurodevelopmental disorder (ARND), and alcohol-related birth defects (ARBD).

The Great Lakes FASD Regional Training Center

(GLFRTC) provides an array of training opportunities that utilize and expand upon an "FASD Competency-Based Curriculum Development Guide for Medical and Allied Health Education and Practice" developed in collaboration with the Centers for Disease Control and Prevention (CDC). In-person formats, as well as a range of technologies are available to share evidence-based content information and materials, promote skills development, and provide continuing education units for health and allied health care providers and students.

## FASD Training

Center staff, in conjunction with partners across the region, are available to provide an array of training for health, mental health, allied health, and other providers and students. Distance education

opportunities are also available. Training topics include the following and can be modified as needed: FASD foundations; Models of Alcohol Addiction; Alcohol Screening and Brief Intervention; Women and Alcohol; Biological Effects of Alcohol on the Fetus; Screening, Diagnosis and Treatment of FASD; Framework for FASD Diagnosis and Services; Treatment/Intervention across the Lifespan for Individuals with FASD; Ethical, Legal and Policy Issues.

## Skills Development

Physicians, nurses, medical students, and others can participate in hands-on skills building sessions addressing the diagnosis for FAS.

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## Training Topics

- FASD Foundations
- Models of Addiction
- Alcohol Screening & Brief Intervention
- Women and Alcohol
- Biological Effects of Alcohol on the Fetus
- Screening, Diagnosis and Treatment of FASD
- Framework for FASD Diagnosis and Services
- Treatment/ Intervention Across the Lifespan for Individuals with FASD
- Ethical, Legal, and Policy Issues