



Great Lakes FASD Regional Training Center

FASD Training:

Competency-Based Training for Medical and Allied Health Education and Practice

OVERVIEW

Drinking alcohol during pregnancy can cause a range of birth defects and developmental disabilities, known collectively as fetal alcohol spectrum disorders (FASD); including fetal alcohol syndrome (FAS). The Centers for Disease Control and Prevention (CDC) reports that 0.2—1.5 cases of FAS occur for every 1,000 births; and some researchers estimate the rates of the full range of FASDs to be as high as 9 or 10 per 1,000 birth. Individuals affected by FASD can face a range of life-long cognitive, social, behavioral, and legal problems. Despite over 30 year of modern understanding about the impact of prenatal alcohol exposure on pregnancy outcomes, health and allied healthcare providers need ongoing, up-to-date information and strategies.

The Great Lakes FASD Regional Training Center (GLFRTC) can provide an array of needed training for physicians, medical students, nurses and other health and allied health care providers to increase their understanding and skills. General or individualized trainings can be arranged with GLFRTC staff, as well as partners across the Great Lakes Region of Indiana, Michigan, Minnesota, North Carolina, Ohio and Wisconsin. Many trainings are provided at no-cost, and include research-based information and materials. For some programs, continuing education units (CEUS) from UW-Madison are available. In addition, distance education technology can be utilized to reach providers across the region and beyond.

Training Topics

- I. Foundations of FASD
 - II. Alcohol Screening and Brief Interventions
 - III. Models of Alcohol Addiction
 - IV. Biological Effects of Alcohol on the Fetus
 - V. Screening, Diagnosis, and Assessment of FAS and other FASDs, including a framework for provision of services
 - VI. Treatment Across the Life span for Individuals Affected by FASDs
 - VII. Ethical, Legal, and Policy Issues
- *Other issues, including skills development

Sample Training Models

One Hour Overview

Inperson or online lecture addressing the foundations of FASD, including epidemiological and biopsychosocial aspects

2—4 Hour Training

More comprehensive content information, including the criteria for screening, diagnosis and referral; and/or treatment across the lifespan

One-Day Training

Comprehensive overview of FASD along with case studies or other skills development training

Clinical Training

Small group or one-on-one training to improve clinical skills including the following:

- FASD screening, diagnosis and assessment
- Developmental and Functional Assessment



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